

LEAD · GROW · INSPIRE



LEAP is a 12-month transformational leadership development training program that teaches best practices and leadership fundamentals to inspire, engage, and re-energize accomplished and aspiring leaders.

Who Is LEAP For?

LEAP is for aspiring and accomplished leaders who have a passion for leading others, who are looking to improve their effectiveness, and who want to thrive within their organization.

Since 2002, LEAP® has served as a catalyst forging strong, confident, and competent leaders who are equipped to face diverse challenges and objectives, and adapt to today's complex situations.

PLUS! Participants are eligible to receive **3 Master's level credits** from Seattle Pacific University.



After completing LEAP, you will be better prepared to:

- Lead your organization in attaining key business goals
- Leverage the strengths of others to enhance team collaboration and trust
- Build and develop high performing teams that achieve results
- Develop and articulate your vision to impact outcomes
- Improve your ability to coach, resulting in a higher performance
- Solve problems more quickly and effectively
- Transform conflict into positive learning
- Inspire others to embrace your vision
- Gain a broader business perspective, improving cross-collaboration amongst teams and departments

"I am spending my time on the right things, rather than trying to do things right—my sales numbers are at an all-time high because I am delegating and focusing on the larger issues and coaching my people."

— LEAP Graduate

LEAP CANDIDATES ARE:

- Current and future leaders looking to develop their leadership skills
- Managers who are passionate about being leaders
- Professionals from all sized companies – including Fortune 500/enterprise, mid-sized, and small
- Leaders looking to become newly inspired and re-energized about their career

Some companies who have taken the LEAP:



Hundreds of LEAP graduates describe this program as the launch-pad that took their career to the next level.

*Take the **LEAP** from ordinary manager to **accomplished leader!***



This comprehensive program includes:

- Monthly half-day skill building workshops
- Personalized coaching
- Confidential peer-based interaction and learning
- 360° leadership assessment
- Customized development action plan
- Post-classroom reinforcement tools

LEAP graduates show measurable results in areas that matter most:

- **32%** increase in awareness and confidence as leaders
- **32%** increase in their awareness and confidence using different leadership styles in different situations
- **28%** more enjoyment mentoring others to succeed
- **28%** higher confidence when leading any group, even in areas where they have no technical expertise
- **25%** growth of confidence in their ability to inspire others to achieve their best

Source: Average of all LEAP graduate's growth measured from 2002-2012

"I now understand how delegating empowers employees and makes them feel committed to the organization."

LEAP Graduate



About Performance Dimensions Group:

Since 2002, *Founder & President Lynda Silsbee and Senior Consultant Amanda Spraker* have helped professionals of all levels develop profound leadership qualities. With more than 45 years of combined leadership, business management, executive coaching, and human resources experience, Lynda and Amanda have acquired best leadership practices and principles to help you reach new heights of achievement in your career. *Lynda and Amanda designed LEAP using leadership development practices employed by some of today's most successful organizations to help inspire, engage, and re-energize both accomplished and aspiring leaders.*



Will you make this your LEAP year?

LEAP is by invitation. Apply now to see if it's right for you.

Lynda Silsbee

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